

Sarah A. Hirsch, PhD MSN MBA RN CNE

Academic/Professional Background

Educational Background

<i>Degree</i>	<i>Year</i>	<i>University</i>	<i>Major</i>
PhD	2020	Capella University	Nursing Education
MBA	2013	University of Texas, Tyler	Healthcare Administration
MSN	2013	University of Texas, Arlington	Nursing Leadership and Administration
BSN	2008	Texas Tech Health Sciences Center	Nursing
ADN	2006	North Harris Community College	Nursing
BS	1999	Colorado State University	Human Development and Family Studies

University/College Experience

<i>Position</i>	<i>University/College</i>	<i>Dates</i>
Professor	University of St. Thomas	1/2022 – Current
Visiting Assistant Professor	Sam Houston State University	01/2022 – 8/2023
Adjunct Clinical Professor	Sam Houston State University	08/2021 – 12/2021
Professor	Lonestar Community College	01/2013 – 01/2022
Clinical Instructor	University of Texas, Arlington	08/2017 – 12/2019

Relevant Professional Experience

<i>Position</i>	<i>Organization</i>	<i>Dates</i>
Emergency Room RN	Signature Care Emergency	5/2021 – 8/2022
Emergency Department RN	CHI/St. Joe's	7/2017 – 1/2020
Emergency Room RN	Houston Northwest Hospital	5/2016 – 12/2017
Emergency Room RN	Emerus Community Hospital	1/2014 – 5/2016
Emergency Department RN	Methodist Willowbrook Hospital	5/2009 – 8/2015
Pediatric ICU RN	Memorial Hermann Hospital	11/2005 – 5/2009; 1/2013 – 1/2014

TEACHING

1. Instructional Assignments

A. Classroom courses:

University of St. Thomas

NURS 4670 Foundations of Nursing, Course Coordinator

NURS 4673 Critical Care Nursing, Course Coordinator

NURS 2372 Health Assessment, Course Coordinator

Lonestar Community College

RNSG 1301 Pharmacology

RNSG 1523 Nursing 1 - Fundamentals

RNSG 2504 Nursing 2 – Med/surg

RNSG 2514 Nursing 3 – Advanced med/surg

RNSG 2535 Nursing IV – Critical care/community

B. Clinical courses:

Lonestar Community College

RNSG 1361 Level 1 Nursing Clinical

RNSG 1362 Level 2 Nursing Clinical

RNSG 2361 Level 3 Nursing Clinical

RNSG 2362 Level 4 Nursing Clinical

University of Texas, Arlington

N3632 Clinical Nursing Foundations

N3320 Holistic Health Assessment

N4581 Nursing of Adults with Complex Needs, Critical Care

2. Teaching Awards

Nominated for Lonestar College Faculty Excellence Award (Spring 2017, Spring 2019)

SCHOLARLY/CREATIVE

Hirsch, S.A., Ahn, A., Gilroy, H., Berry, D.M., & Ratcliff, C.G. (2026). Mental health and academic outcomes in undergraduate nursing students. *Nurse Educator*; 00(0), 1-8.
<https://doi.org/10.1097/NNE.00000000000002100>

Hirsch, S. (2025). Success in a nursing course among repeating students: A pilot study. *Journal of Nursing Education*, 64(X). <https://doi.org/10.3928/01484834-20250828-01>

Hirsch, S. (2025). Tips for the ADN Educator – intervention strategy for repeating student's success. *Teaching and Learning in Nursing*, <https://doi.org/10.1016/j.teln.2005.01.010>

Hirsch, S. (2024). Computer adaptive quizzing versus NCLEX review textbook in preparation for the exit HESI examination. *Teaching and Learning in Nursing*, 19(2), e315-e319.
<https://doi.org/10.1016/j.teln.2023.121.006>

Gilroy, H., Anderson, K., Berry, D.M., Hirsch, S., Johnson-Makiya, D., & Ratcliff, C. (2024). Stress and trauma among nurses in development (STAND): A descriptive study. *Issues in Mental Health Nursing*, 45(8), 840-849. <https://doi.org/10.1080/01612840.2024.2352588>

2023, February. James, L. & Hirsch, S. Should I stay or should I go? Moral/ethical dilemmas in interprofessional active shooter simulation. Sigma Theta Tau International Health Work Environment Conference

Abstracts:

2023, August. Hirsch, S., and James, L. Should I stay or should I go? Nuts & Bolts, Nurse Think Conference, Minneapolis, MN

2023, April. Hirsch, S. Exposure to trauma in undergraduate nursing students. Sigma Theta Tau Alpha Alpha Xi Chapter Induction Ceremony

2023, March. Hari, C., Anderson, K., Gilroy, H., Berry, D., Hirsch, S., Johnson-Makiya, D., & Ratcliff, C. Prevalence and impact of ACEs and trauma in nursing students. Association of Behavioral and Cognitive Therapies Conference

2023, January. Gilroy, H., Ratcliff, C., Berry, D., Johnson-Makiya, D., & Hirsch, S. Trauma exposure and outcomes in undergraduate nursing students. Sigma Theta Tau International 47th Biennial Convention

SERVICE

Professional

Member, Sigma Theta Tau International Honor Society of Nursing

Member, American Nurses Association

Member, Emergency Nurses Association

Member, Texas Nurses Association