UNIVERSITY OF ST. THOMAS

Counseling & Wellness Services

**Notice to Clients**

In accordance with Texas law (House Bill 4224 and Section 181.105 of the Texas Health and Safety Code), the following information is provided to help clients understand their rights and available resources.

**Requesting Your Health Care Records**

You have the right to request a copy of your mental health records.
To request your records, please submit a written request to your treating clinician or to the CWS office directly. Requests may be made via email, or in writing. Records will be provided in accordance with Texas law and applicable privacy regulations. If you have questions about accessing your records, please contact our office for assistance.

**Contacting the Texas Behavioral Health Executive Council (BHEC)**

The Texas Behavioral Health Executive Council regulates licensed mental health professionals in Texas.
If you have questions about licensure or professional standards, you may contact BHEC directly:
Texas Behavioral Health Executive Council – https://bhec.texas.gov/contact-us/

**Filing a Consumer Complaint**

If you wish to file a consumer complaint regarding mental health services, you may do so with the Texas Office of the Attorney General:
Office of the Attorney General – https://www.texasattorneygeneral.gov/consumer-protection